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TOOLKIT

**PROJECT “WORK TOGETHER”
NO 2021-1-LV01-KA210-ADU-000027356**

2023

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Intro

Project "Work Together": positive intergenerational synergies

The Erasmus+ project "Work Together" is a cooperation platform of 3 organisations - Gulbene Municipality (Latvia, leading organisation), Centro per lo Sviluppo Creativo "Danilo Dolci" (Italy) and A.C.T.O.R. (Romania) supporting intergenerational learning and synergies. The main goals of the project are to promote the use of intergenerational education in schools and pre-schools, as well as to promote the social inclusion of seniors. The aim of the project is rooted in the commitment of the organisations to involve adults, especially seniors in the learning process of students. In this involvement, the project partners see significant positive synergies that allows young children to learn from seniors.

The project was launched in May 2021. Untill March 2023, several project activities was held, such as exchanges of experience in Romania, Italy and Latvia, knowledge transfer event for educational institutions and senior organizations, intergenerational volunteering in educational institutions, dissemination event of project results.

This Toolkit is a project result combining 6 methods (2 per each partner organisation) that could be used to foster intergenerational cooperation and learning. We suggest to use these methods when organising intergenerational activities to make this process an unforgettable and exciting experience!

Welcome!



Origami Theater

A.C.T.O.R.

Duration: 60 minutes - half for folding and half for performing activities

Participants: Max 10 participants 4,5-6 years old, Max 20 participants +7. Important notice: the participants should have +4 years and 6 months. Before this age the kids can learn and enjoy only for the performing part of the method

Materials: Colored paper squares (15/15 cm and 20/20 cm depending from needs of participants), few markers

OBJECTIVES OF THE ACTIVITY

- To stimulate the manual dexterity and the logic thinking capacities
- Expressing emotions and describing through theatrical play that projects scenically, with the help of the origami objects created, the own feelings, ideas and values of each participant

ACTIVITY STEP BY STEP

1

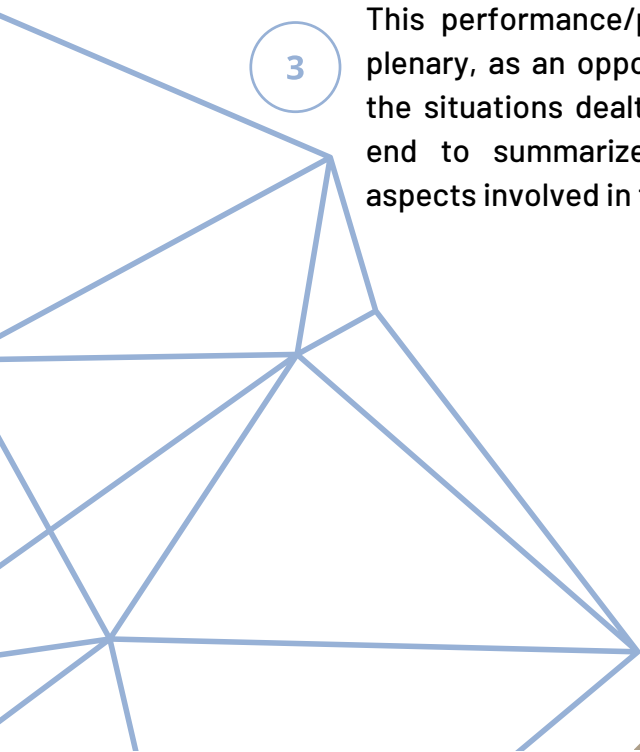
The model should be learned very well by the workshop organizer, so that he/she is able to help, validate and encourage several children at the same time. The origami models could be learned from youtube channels and should be adapted to the capacity of the participants to understand and to retain how the pattern folds as easily as possible. You can have as example here or here models for small kids and here or here for bigger participants

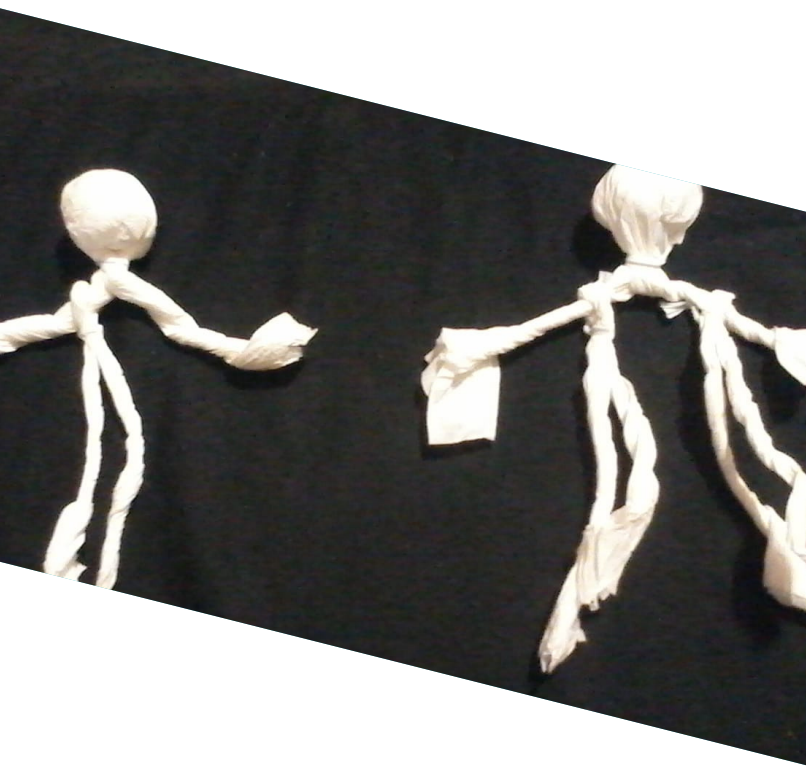
2

The second part of the method is the challenge to the participants to develop, working in intergenerational, intercultural teams, a small performance with these origami objects, on a key theme of the respective learning event. An example of actions with very small kids or the adults could present a small story with the new created objects about an interesting topic for the kids. For bigger- they can build in small groups one short table theatre performance starting from a situation suggested by the workshop leader- how it was your morning? Your best holiday memory... etc.

3

This performance/performances will be presented in plenary, as an opportunity to facilitate a debate about the situations dealt with by the participant and at the end to summarize the conceptual and theoretical aspects involved in the chosen theme.





Paper Dolls

A.C.T.O.R.

Duration: 60 minutes

Participants: 10 participants

Materials: Basically all that is needed is large sheets of recycled paper (old magazines, newspapers, flipchart sheets...etc.), a ball of string and a pair of scissors to cut the string

OBJECTIVES OF THE ACTIVITY

- To stimulate creativity, confidence and wellbeing through a minimalist crafting approach.
- Expressing emotions and describing through theatrical play that projects scenically, with the help of the puppets created, the own feelings, ideas and values of each participant

ACTIVITY STEP BY STEP

1

As a first activity the actual creation of the paper puppets will be organized. Their value as a non-formal educational element comes from the fact that they are made by each participant (regardless of age) without the need for complicated skills and knowledge.

The way to shape the paper is by pitting and twisting, as follows:

- a. Take a piece of paper and make a ball out of it. This will become the base for the doll's head. Then this ball is placed in the middle of another sheet of paper and rolled as if it were a large candy. In the middle is the ball and the rest of the paper is rolled in equal parts to the right and left of the ball. The sides are gathered under the ball and swirled and then to the right and left another binding is made, thus having the two hands.
- b. A new sheet is divided into two parts lengthwise and twisted. These are placed to the left and right of the head, on the doll's arms, joined at the bottom and tied with string between them.
- c. In the same way twist two other halves, which will become legs, by hanging half the length of the body created before. Then tie each one under the belly and at the end. Thus the doll's body is ready
- d. Optionally with a new sheet you can create a skirt/dress, which will cover the body under the arms and be tied with string at this place.

2

The second part of the method is the challenge to the participants to develop, working in intergenerational, intercultural teams, a small performance with these dolls, on a key theme of the respective learning event. This performance will be presented in plenary, as an opportunity to facilitate a debate about the situations dealt with by the participant and at the end to summarize the conceptual and theoretical aspects involved in the chosen theme.



Soap Factory

Gulbene Municipality

Duration: 35 minutes

Participants: 5-30 participants

Materials: stove for heating soap mass, pot (around 1l), transparent soap mass, different silicone forms, herbs from local nature, medical plants, aromatic oils (for flavor), some natural powders (for color), cups for mixing the mass, wooden sticks for mixing

OBJECTIVES OF THE ACTIVITY

- To learn how to make soap for daily use
- To get to know local nature and good traits of different local herbs

ACTIVITY STEP BY STEP

1

Put soap mass in pot, place pot on stove and on slow fire melt transparent soap mass. In the same time participants decide what kind of soap they will make. Participants choose: silicone forms, powders for color, herbals and oils for aroma and texture.

2

After soap mass is melted, pour soap mass in participants cups. Participants quickly put inside the cups selected ingredients – oils, powders, plants ect. When all ingredients and soap mass is in cup, that should be mixed quickly.

3

After mixing, pour mass in silicone forms and leave it for 10 minutes to cool down. When soap mass is cooled down take out soaps from silicone forms. Your personal soap is ready! Use it!

Flavor Bags

Gulbene Municipality

Duration: 30 minutes

Participants: 5-15 participants

Materials: Dried herbs, plants and flowers of different colors and flavors, small bags made of thin fabric, metal bowl for each participant

OBJECTIVES OF THE ACTIVITY

- To learn how to make flavor bags for gifts or daily use
- To get to know local nature and good traits of different local herbs
- To active senses

ACTIVITY STEP BY STEP

1

There has to be prepared different materials - dried plants, herbs, flowers for participants to fill the flavor bag. The more different colors and flavors are available - the better, because there are lots of different tastes.

2

Participants start to choose which dried materials they want to use for filling the flavor bag. There shouldn't be more than 3 flavors in the same bag no to make it too intense.

3

After choosing the dried materials, participant put them together in the metal bowl and mix them together by slow shaking. The leader of the activity can encourage participants to enjoy the smell and ask what associations they have with the flavor. Then participant fill the bag and ties it up. The bag is ready! The activity can be done in pairs of one kid and on senior. They can make a bag as a gift for each other.





Sense of Smell in the Nature

Danilo Dolci

Duration: 60 minutes

Participants: No limits

Materials: . Small container, bags or bowls, natural items (flowers, leaves etc.)

OBJECTIVES OF THE ACTIVITY

- To allow learners to explore the items in the nature using their sense of smell, sight and touch
- To enhance learners' competences in outdoor
- To keep children in a direct contact with the nature
- To enhance the teamwork and open communication

ACTIVITY STEP BY STEP

1

Divide participants in small groups (four to five in a group will be ideal). Each group will be led by one teacher. Give each group a small container to collect natural objects such as leaves, flowers etc. (while collecting the items, they need to be careful not to impact the environment).

2

Once they collect the items, in the same group, ask to discuss what they have collected. Ask them to crush or break their items between their fingers and smell each item them individually. At the same time, teachers will ask several questions to understand their feeling while they're interacting with the nature and the objects they have collected. Possible questions to ask:

- a) what do they smell like?
- b) Is nice or unpleasant?
- c) do they smell familiar to some fruits or something else?
- d) why do you think some items has strong smell than another?

3

Once they have smelled the items individually, ask participants to mix the items together in one bowl and they can mash their concoction together to make an individual aroma. And ask same questions as before how do they feel about the mixed aroma. Once they complete, they can switch the group and see what other groups have collected.



Art of the Nature

Danilo Dolci

Duration: 120 minutes

Participants: No limits

Materials: A pot to boil the water, vegetables or fruits according to the colour you want to make

OBJECTIVES OF THE ACTIVITY

- To be able to use of new pictorial methods from wastes vegetable and fruits in the kitchen
- To create arts from recycled materials
- To introduce name of different vegetables and fruits to children and their use
- To strengthen teamwork

ACTIVITY STEP BY STEP

1

The proposed activity involves the use of new pictorial techniques and methodologies with natural materials; creation of colours with natural elements, recognition of recycled materials applied to art. First, decide what colour you want to create according to fruits or vegetables that you have left in your kitchen (like onion skins, carrot tops, spinach, red cabbage etc..).

2

It's important to have knowledge about the combination of colour. Here are some suggestions from Food52 for the combination of colour: from the mixed of strawberries and raspberries you can create Pink colour, if you combine carrots, paprika and sweet potatoes you can get Orange colour, you can get Red colour from combination of beets and tomato, from mixed of matcha and spinach you can create Green colour, you can get Yellow colour from mixed of turmeric and saffron, you can make Blue colour from red cabbage and baking soda, from blueberries and purple sweet potato, you can get Purple colour, from the mixed of coffee, tea and cocoa, you can create Brown colour, finally, Black colour can be created from activated charcoal and squid Ink.

3

Once you have decided the colour, collect the chopped vegetable or fruit into a small saucepan and cover with water. The amount of water needs to be twice the amount of fruit or vegetable that you are using. Boil the water, then cook the ingredients for about an hour. Let water cool to room temperature and strain. Now your handmade dye is ready to use!



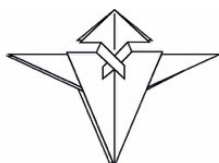
Project Partners



CENTRO SVILUPPO
CREATIVO
DANILO DOLCI
CENTRO PER LO SVILUPPO
CREATIVO DANILO DOLCI
ITALY



GULBENES NOVADA PAŠVALDĪBA,
LATVIA



A.C.T.O.R.
Asociația Culturală
pt. Teatru și Origami
din România

A.C.T.O.R.
ROMANIA

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